

# Mizuno HK Run Fest 2024

Date : 6 Oct 2024

## 10km Team

Position	Catgeory	TeamName	Bib	Name	姓名	TeamTime_	Official Time
1	10KM Male Aged 35-39	粉嶺田徑會	2327	Tsim Hoi Kin	詹愷健	11:19:03	0:34:18
1	10KM Male Aged 30-34	粉嶺田徑會	1808	Chan Yuk Kwan kenny	陳煜坤	11:19:03	0:35:28
1	10KM Male Aged 30-34	粉嶺田徑會	1773	Tang ManWa		11:19:03	0:35:50
1	10KM Male Aged 30-34	粉嶺田徑會	1775	Yick Ka Lun	易嘉麟	11:19:03	0:35:57
1	10KM Male Aged 30-34	粉嶺田徑會	1807	Chan Kin Wai	陳健威	11:19:03	0:36:09
1	10KM Male Aged 35-39	粉嶺田徑會	2335	YUEN SING HEI		11:19:03	0:36:34
1	10KM Male Aged 35-39	粉嶺田徑會	2307	Ho Chun Ho	何振豪	11:19:03	0:37:09
1	10KM Male Aged 30-34	粉嶺田徑會	1777	Lam Cheuk yin eason	林卓賢	11:19:03	0:37:21
1	10KM Male Aged 30-34	粉嶺田徑會	1806	Pang Hin Sing	彭衍昇	11:19:03	0:37:30
1	10KM Male Aged 25-29	粉嶺田徑會	1462	WONG WAN KAN	黃允勤	11:19:03	0:37:31
1	10KM Male Aged 25-29	粉嶺田徑會	1453	Lai Shunshing	黎順誠	11:19:03	0:37:47
1	10KM Male Aged 35-39	粉嶺田徑會	2341	HO YU YEUNG	何汝洋	11:19:03	0:37:50
1	10KM Male Aged 45-49	粉嶺田徑會	4844	Ng CHEUK yin		11:19:03	0:38:37
1	10KM Male Aged 35-39	粉嶺田徑會	2315	Cheng Man Kit	鄭文傑	11:19:03	0:38:57
1	10KM Male Aged 25-29	粉嶺田徑會	1465	CHONG Keiyam	莊紀鑫	11:19:03	0:39:58
1	10KM Male Aged 35-39	粉嶺田徑會	2406	Chan Ho Cheung Ronald	陳濔漳	11:19:03	0:40:04
1	10KM Male Aged 30-34	粉嶺田徑會	1810	Li Pui hay		11:19:03	0:40:38
1	10KM Male Aged 25-29	粉嶺田徑會	1606	Cheung Hay Nok Peter	張孝諾	11:19:03	0:41:25
1	10KM Male Aged 35-39	粉嶺田徑會	2321	Lau Kam Fai		11:19:03	0:42:05
1	10KM Male Aged 45-49	粉嶺田徑會	4825	Yam Chi Wai Eric		11:19:03	0:45:57
2	10KM Male Aged 30-34	PEGASUS ATHLETIC CLUB	2169	Chan Pui Yuk	陳培郁	11:39:56	0:35:02
2	10KM Male Aged 35-39	PEGASUS ATHLETIC CLUB	2717	Yam Ka Keung	任家強	11:39:56	0:37:48
2	10KM Male Aged 20-24	PEGASUS ATHLETIC CLUB	1387	Chung Chi Hang	鍾志恒	11:39:56	0:37:50
2	10KM Male Aged 40-44	PEGASUS ATHLETIC CLUB	3389	Lee Chi Wing Gordon	李志榮	11:39:56	0:38:07
2	10KM Male Aged 30-34	PEGASUS ATHLETIC CLUB	2168	Lau Cheuk Hin Chris	劉卓軒	11:39:56	0:38:12
2	10KM Male Aged 30-34	PEGASUS ATHLETIC CLUB	2170	Lee Chu Wai	李柱威	11:39:56	0:38:21
2	10KM Male Aged 40-44	PEGASUS ATHLETIC CLUB	3386	WONG CHUN TAK	王俊鐳	11:39:56	0:38:30
2	10KM Male Aged 35-39	PEGASUS ATHLETIC CLUB	2716	Yau Chun Lung	邱俊龍	11:39:56	0:38:30
2	10KM Male Aged 30-34	PEGASUS ATHLETIC CLUB	2171	Cheung Chun Kwan	張鎮坤	11:39:56	0:38:54
2	10KM Male Aged 40-44	PEGASUS ATHLETIC CLUB	3388	Tao Ka Wa Bruno	杜家華	11:39:56	0:38:56
2	10KM Male Aged 40-44	PEGASUS ATHLETIC CLUB	2953	Wong Jeff		11:39:56	0:39:04
2	10KM Male Aged 45-49	PEGASUS ATHLETIC CLUB	5152	Wong Tik Lam Jeff		11:39:56	0:39:32
2	10KM Male Aged 45-49	PEGASUS ATHLETIC CLUB	5161	Law Berger		11:39:56	0:39:38
2	10KM Male Aged 40-44	PEGASUS ATHLETIC CLUB	3384	Wong Chin Ching Ocean	黃展程	11:39:56	0:39:59
2	10KM Male Aged 50-54	PEGASUS ATHLETIC CLUB	5232	LEE WAI ON	李偉安	11:39:56	0:40:02
2	10KM Male Aged 30-34	PEGASUS ATHLETIC CLUB	2136	SO WAI CHUNG	蘇瑋忠	11:39:56	0:40:17
2	10KM Male Aged 40-44	PEGASUS ATHLETIC CLUB	3383	Yau Wo Yau	邱和友	11:39:56	0:40:35
2	10KM Male Aged 40-44	PEGASUS ATHLETIC CLUB	3387	Lo Chung Leung Yoshi	盧仲良	11:39:56	0:40:39

**Mizuno HK Run Fest 2024**

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**10km Team**

Position	Catgeory	TeamName	Bib	Name	姓名	TeamTime_	Official Time
2	10KM Male Aged 40-44	PEGASUS ATHLETIC CLUB	3385	Wong Shung Hin Ivan	黃崇軒	11:39:56	0:42:54

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## 10km Team

Position	Catgeory	TeamName	Bib	Name	姓名	TeamTime_	Official Time
3	10KM Male Aged 30-34	必達1隊	2040	Tsui Chi Kin	徐志堅	12:09:51	0:33:42
3	10KM Male Aged 30-34	必達1隊	2038	Lun Chun Pong		12:09:51	0:35:20
3	10KM Male Aged 25-29	必達1隊	1466	FOK YUI HANG	霍睿恒	12:09:51	0:36:53
3	10KM Male Aged 30-34	必達1隊	2054	Sze Tsz Chiu	施子超	12:09:51	0:38:11
3	10KM Male Aged 25-29	必達1隊	1592	CHAN TIN CHEUK	陳天偉	12:09:51	0:38:13
3	10KM Male Aged 45-49	必達1隊	5087	Lam Cho kwong	林祖光	12:09:51	0:39:22
3	10KM Male Aged 35-39	必達1隊	2568	Mok Kwan kiu	莫均翹	12:09:51	0:40:30
3	10KM Male Aged 45-49	必達1隊	5083	Chau Keung On	鄒強安	12:09:51	0:40:31
3	10KM Male Aged 45-49	必達1隊	5135	Chan Chun Tak	陳俊德	12:09:51	0:41:19
3	10KM Male Aged 35-39	必達1隊	2578	wong tiu yeung		12:09:51	0:41:51
3	10KM Male Aged 40-44	必達1隊	3229	Pow Alfred		12:09:51	0:42:00
3	10KM Female Aged 25-29	必達1隊	1137	Tsui Wing Yee		12:09:51	0:42:21
3	10KM Male Aged 45-49	必達1隊	5123	NG YAN CHI	吳恩賜	12:09:51	0:42:24
3	10KM Male Aged 45-49	必達1隊	5085	LAM HOP FEI	林合飛	12:09:51	0:42:28
3	10KM Male Aged 45-49	必達1隊	5084	CHEUNG CHI FAI		12:09:51	0:42:45
3	10KM Male Aged 40-44	必達1隊	3240	Chan Yun ki	陳潤基	12:09:51	0:42:58
3	10KM Male Aged 40-44	必達1隊	3230	CHAN Kwan Kit		12:09:51	0:43:48
3	10KM Male Aged 45-49	必達1隊	5078	Lam Gavin	林偉文	12:09:51	0:45:17
3	10KM Male Aged 40-44	必達1隊	3256	Sin Lok Woon		12:09:51	
3	10KM Male Aged 45-49	必達1隊	5086	tin ka leung		12:09:51	
4	10KM Male Aged 25-29	Amen疾走肥膩男出pool	1549	Law Ting Ching	羅琿靖	13:13:20	0:36:52
4	10KM Male Aged 30-34	Amen疾走肥膩男出pool	2102	Lo Justin	羅進鴻	13:13:20	0:38:35
4	10KM Male Aged 55-59	Amen疾走肥膩男出pool	5683	Luk Hong	陸兆康	13:13:20	0:39:47
4	10KM Male Aged 45-49	Amen疾走肥膩男出pool	4988	Leung Siu Wa	梁兆華	13:13:20	0:42:00
4	10KM Male Aged 50-54	Amen疾走肥膩男出pool	5488	LO Man Ka	羅文嘉	13:13:20	0:42:19
4	10KM Male Aged 30-34	Amen疾走肥膩男出pool	2087	Lau Chun kit		13:13:20	0:42:28
4	10KM Male Aged 45-49	Amen疾走肥膩男出pool	4960	Lee Marco		13:13:20	0:43:04
4	10KM Male Aged 40-44	Amen疾走肥膩男出pool	3100	NG CHUN MAN	吳俊民	13:13:20	0:43:10
4	10KM Male Aged 40-44	Amen疾走肥膩男出pool	3099	chan ka man martin	陳嘉文	13:13:20	0:43:10
4	10KM Male Aged 25-29	Amen疾走肥膩男出pool	1530	KWOK HOI YU	郭凱裕	13:13:20	0:43:26
4	10KM Female Aged 40-44	Amen疾走肥膩男出pool	4041	Lai Frances		13:13:20	0:43:52
4	10KM Male Aged 50-54	Amen疾走肥膩男出pool	5398	WAN CHI WAH	尹志華	13:13:20	0:45:04
4	10KM Male Aged 40-44	Amen疾走肥膩男出pool	3103	Lam Chak Hong	林澤康	13:13:20	0:45:16
4	10KM Female Aged 40-44	Amen疾走肥膩男出pool	4004	Poon Wai Fong	潘煒芳	13:13:20	0:45:25
4	10KM Male Aged 45-49	Amen疾走肥膩男出pool	4760	Cheung Hing lap	張慶立	13:13:20	0:45:29
4	10KM Female Aged 35-39	Amen疾走肥膩男出pool	3834	Chan Pui Hung		13:13:20	0:50:38
4	10KM Male Aged 25-29	Amen疾走肥膩男出pool	1613	CHUNG Cheuk hei	鍾卓熹	13:13:20	0:51:20
4	10KM Male Aged 35-39	Amen疾走肥膩男出pool	2412	FUNG KI CHEUNG	馮其祥	13:13:20	0:51:22

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**10km Team**

Position	Catgeory	TeamName	Bib	Name	姓名	TeamTime_	Official Time
4	10KM Male Aged 40-44	Amen疾走肥膩男出pool	3269	WONG Pui Keung		13:13:20	1:06:35
4	10KM Male Aged 20-24	Amen疾走肥膩男出pool	1373	DENG YANG	鄧洋	13:13:20	

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### 10km Team

Position	Catgeory	TeamName	Bib	Name	姓名	TeamTime_	Official Time
5	10KM Male Aged 20-24	奮進跑步會	1388	Cheng Hong Ho		13:58:29	0:36:29
5	10KM Male Aged 25-29	奮進跑步會	1670	CHOI HO TIN	蔡浩天	13:58:29	0:36:51
5	10KM Male Aged 35-39	奮進跑步會	2712	Luk Barnett		13:58:29	0:38:30
5	10KM Male Aged 25-29	奮進跑步會	1669	Wan Ho Lap	尹可立	13:58:29	0:41:17
5	10KM Male Aged 35-39	奮進跑步會	2709	CHENG Kwai lok	鄭桂樂	13:58:29	0:41:30
5	10KM Male Aged 40-44	奮進跑步會	3157	Cho Max		13:58:29	0:43:14
5	10KM Male Aged 40-44	奮進跑步會	3375	Lau Wai Leung	劉惠良	13:58:29	0:43:33
5	10KM Male Aged 55-59	奮進跑步會	5675	Chan Chi Hung	陳志洪	13:58:29	0:43:38
5	10KM Female Aged 40-44	奮進跑步會	4113	Ling Yuen kwan	凌婉君	13:58:29	0:45:31
5	10KM Male Aged 30-34	奮進跑步會	1741	LUI WAI PAN	呂偉斌	13:58:29	0:46:18
5	10KM Male Aged 50-54	奮進跑步會	5501	LAM Lik Shan		13:58:29	0:49:30
5	10KM Male Aged 60 or above	奮進跑步會	5931	Wan Chi Keung Alec	尹志強	13:58:29	0:50:28
5	10KM Male Aged 45-49	奮進跑步會	4704	Chan Buzz	陳昶光	13:58:29	0:50:36
5	10KM Male Aged 40-44	奮進跑步會	3376	Lam Chi Hin	林志軒	13:58:29	0:52:29
5	10KM Male Aged 25-29	奮進跑步會	1452	Lau Ho Yin	劉皓然	13:58:29	0:54:00
5	10KM Male Aged 45-49	奮進跑步會	4967	LI CHUN KAU	李俊球	13:58:29	0:54:17
5	10KM Male Aged 45-49	奮進跑步會	4701	Cheung Ka chun	張家俊	13:58:29	0:54:35
5	10KM Female Aged 50 or above	奮進跑步會	4615	Leung Shui Han	梁瑞嫻	13:58:29	0:55:44
5	10KM Male Aged 45-49	奮進跑步會	5024	Ho Wai Kit	何偉杰	13:58:29	0:58:16
5	10KM Male Aged 50-54	奮進跑步會	5550	Cheung Sai Wing	張世榮	13:58:29	
6	10KM Male Aged 40-44	二十公廣	3001	O Hi Yin	柯浩賢	14:27:30	0:39:08
6	10KM Male Aged 35-39	二十公廣	2421	Wong Siu Fai		14:27:30	0:39:53
6	10KM Male Aged 40-44	二十公廣	3005	Mak Keith		14:27:30	0:42:18
6	10KM Male Aged 30-34	二十公廣	1815	Cheng Hon lam		14:27:30	0:43:49
6	10KM Male Aged 45-49	二十公廣	4913	Chau Kwok Yan	周國恩	14:27:30	0:43:50
6	10KM Male Aged 30-34	二十公廣	1814	Leung Eugene Samuel	梁晉彥	14:27:30	0:44:52
6	10KM Male Aged 45-49	二十公廣	4927	Lee Cheuk Hin		14:27:30	0:45:21
6	10KM Male Aged 45-49	二十公廣	4849	Man Kwong San	文廣新	14:27:30	0:45:48
6	10KM Male Aged 40-44	二十公廣	2970	Leung Chi Leung	梁志樑	14:27:30	0:45:56
6	10KM Male Aged 40-44	二十公廣	2965	Lo Wai Chung	羅偉聰	14:27:30	0:47:10
6	10KM Male Aged 35-39	二十公廣	2374	NG Wai lun	吳偉倫	14:27:30	0:47:33
6	10KM Female Aged 35-39	二十公廣	3770	Choi Cheuk Yan		14:27:30	0:49:17
6	10KM Male Aged 35-39	二十公廣	2354	CHOI CHEUK YIN	蔡卓彥	14:27:30	0:49:57
6	10KM Male Aged 20-24	二十公廣	1322	Yeung King To		14:27:30	0:54:03
6	10KM Female Aged 40-44	二十公廣	3980	Chung Hiu Yan		14:27:30	0:55:21
6	10KM Female Aged 40-44	二十公廣	3984	Cheung Ka Fong		14:27:30	0:55:59
6	10KM Male Aged 40-44	二十公廣	3004	TSE Chi Wai		14:27:30	0:57:30
6	10KM Female Aged 35-39	二十公廣	3783	SIU HOI YAN	蕭凱欣	14:27:30	0:59:47

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**10km Team**

Position	Catgeory	TeamName	Bib	Name	姓名	TeamTime_	Official Time
6	10KM Female Aged 30-34	二十公慶	3536	Lai Hoi ching	黎愷晴	14:27:30	1:10:00
6	10KM Female Aged 50 or above	二十公慶	4472	Wong Ivy		14:27:30	

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### 10km Team

Position	Catgeory	TeamName	Bib	Name	姓名	TeamTime_	Official Time
7	10KM Male Aged 30-34	Oxyone Team HV	2059	Kwok Jason		14:48:03	0:35:23
7	10KM Male Aged 30-34	Oxyone Team HV	2147	LAM WANG FUNG		14:48:03	0:40:36
7	10KM Male Aged 30-34	Oxyone Team HV	2063	LAU PAK LUN	劉栢倫	14:48:03	0:45:19
7	10KM Male Aged 30-34	Oxyone Team HV	2064	Tang Wai Yan Abraham	鄧偉恩	14:48:03	0:45:50
7	10KM Male Aged 40-44	Oxyone Team HV	3260	Ng Wai Hung		14:48:03	0:45:54
7	10KM Male Aged 45-49	Oxyone Team HV	5180	Wai Kin Kei		14:48:03	0:47:44
7	10KM Female Aged 45-49	Oxyone Team HV	4318	Chan Tsui Chin	陳翠晶	14:48:03	0:48:02
7	10KM Male Aged 30-34	Oxyone Team HV	2065	Tam Ho Yin		14:48:03	0:48:11
7	10KM Female Aged 35-39	Oxyone Team HV	3837	SIU WAI YIN		14:48:03	0:48:41
7	10KM Female Aged 35-39	Oxyone Team HV	3838	Lui Elaine		14:48:03	0:49:01
7	10KM Female Aged 40-44	Oxyone Team HV	4063	Lam Yan Fong	林恩芳	14:48:03	0:49:46
7	10KM Male Aged 30-34	Oxyone Team HV	2060	Ho Tsz Ho		14:48:03	0:50:29
7	10KM Male Aged 40-44	Oxyone Team HV	3267	Leung Chung Ho	梁頌豪	14:48:03	0:52:02
7	10KM Male Aged 45-49	Oxyone Team HV	5121	Wu Peter	吳宗翰	14:48:03	0:52:55
7	10KM Male Aged 40-44	Oxyone Team HV	3268	Wong Ka wai	王家瑋	14:48:03	0:54:50
7	10KM Female Aged 40-44	Oxyone Team HV	4065	Ho Pui Han	何珮嫻	14:48:03	0:55:35
7	10KM Male Aged 40-44	Oxyone Team HV	3262	Wong Dzan Bon	黃振邦	14:48:03	0:55:49
7	10KM Male Aged 25-29	Oxyone Team HV	1609	Lai Wing Ho	賴永皓	14:48:03	1:01:56
7	10KM Female Aged 50 or above	Oxyone Team HV	4567	Young Eunice	楊海珊	14:48:03	1:10:11
7	10KM Male Aged 40-44	Oxyone Team HV	3137	PO YIU MING	布耀銘	14:48:03	
8	10KM Male Aged 16-19	必達一仇季新團隊B	1211	Choy Ho Long Colin	蔡昊朗	14:56:46	0:38:02
8	10KM Male Aged 16-19	必達一仇季新團隊B	1214	KWONG WANG CHIT	鄺弘哲	14:56:46	0:42:20
8	10KM Male Aged 40-44	必達一仇季新團隊B	3234	WONG Ho Yin	黃浩然	14:56:46	0:43:57
8	10KM Male Aged 55-59	必達一仇季新團隊B	5730	FUNG KA WAI		14:56:46	0:45:11
8	10KM Male Aged 20-24	必達一仇季新團隊B	1370	Wong Ka Ho	黃嘉豪	14:56:46	0:45:30
8	10KM Male Aged 40-44	必達一仇季新團隊B	3276	Ng Jackie		14:56:46	0:46:11
8	10KM Male Aged 45-49	必達一仇季新團隊B	5076	NG YU KIT		14:56:46	0:47:50
8	10KM Male Aged 40-44	必達一仇季新團隊B	3235	CHAN HON MENG	陳漢明	14:56:46	0:49:06
8	10KM Male Aged 50-54	必達一仇季新團隊B	5479	Ng Garry	吳家禮	14:56:46	0:49:38
8	10KM Male Aged 35-39	必達一仇季新團隊B	2607	CHIN ISAAC		14:56:46	0:49:43
8	10KM Male Aged 35-39	必達一仇季新團隊B	2382	CHONG KA WAI	莊嘉偉	14:56:46	0:50:34
8	10KM Male Aged 45-49	必達一仇季新團隊B	5088	Yang Shui Cheung		14:56:46	0:51:58
8	10KM Male Aged 35-39	必達一仇季新團隊B	2577	CHEUNG NGO KIU	張傲翹	14:56:46	0:52:53
8	10KM Male Aged 35-39	必達一仇季新團隊B	2383	CHONG KA MING	莊嘉明	14:56:46	0:54:55
8	10KM Female Aged 40-44	必達一仇季新團隊B	4071	Cheung Yun Sze		14:56:46	0:54:59
8	10KM Female Aged 40-44	必達一仇季新團隊B	4054	CHUNG Sze Man	鍾詩敏	14:56:46	0:56:37
8	10KM Female Aged 35-39	必達一仇季新團隊B	3842	KWAN MANDY		14:56:46	0:57:45
8	10KM Female Aged 45-49	必達一仇季新團隊B	4337	Chau Wai Ling Terri	周惠鈴	14:56:46	0:59:37

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**10km Team**

Position	Catgeory	TeamName	Bib	Name	姓名	TeamTime_	Official Time
8	10KM Female Aged 45-49	必達一仇季新團隊B	4350	Ho Regina		14:56:46	
8	10KM Male Aged 55-59	必達一仇季新團隊B	5735	TSANG CHIU HAP	曾昭合	14:56:46	



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### 10km Team

Position	Catgeory	TeamName	Bib	Name	姓名	TeamTime_	Official Time
9	10KM Male Aged 35-39	RMAC 九龍仔一班	2484	Yan Siu Lun	甄兆麟	15:12:32	0:43:37
9	10KM Male Aged 45-49	RMAC 九龍仔一班	4981	Li Ivan	李振豪	15:12:32	0:43:40
9	10KM Male Aged 50-54	RMAC 九龍仔一班	5408	TSO CHUNG YIN	曹仲賢	15:12:32	0:43:45
9	10KM Male Aged 45-49	RMAC 九龍仔一班	4989	LAU yiu man	劉耀民	15:12:32	0:43:48
9	10KM Male Aged 50-54	RMAC 九龍仔一班	5386	Wong Yick Ming	黃亦明	15:12:32	0:46:17
9	10KM Male Aged 45-49	RMAC 九龍仔一班	4994	Chan Philip		15:12:32	0:47:19
9	10KM Male Aged 45-49	RMAC 九龍仔一班	5031	MA CHUNG MING	馬頌明	15:12:32	0:47:47
9	10KM Male Aged 50-54	RMAC 九龍仔一班	5412	Yim FAI DICKY		15:12:32	0:48:21
9	10KM Male Aged 50-54	RMAC 九龍仔一班	5387	Kwan Daniel	關啟亮	15:12:32	0:48:58
9	10KM Male Aged 50-54	RMAC 九龍仔一班	5413	cheng ka ming	鄭家明	15:12:32	0:50:08
9	10KM Male Aged 45-49	RMAC 九龍仔一班	4992	TSE Kai Yeung	謝啟洋	15:12:32	0:50:20
9	10KM Male Aged 30-34	RMAC 九龍仔一班	1927	Tam Dennis Ho Man	譚浩文	15:12:32	0:51:16
9	10KM Male Aged 45-49	RMAC 九龍仔一班	4982	Fung Daniel		15:12:32	0:51:31
9	10KM Male Aged 50-54	RMAC 九龍仔一班	5249	Leung Gin Pang	梁展鵬	15:12:32	0:57:37
9	10KM Female Aged 45-49	RMAC 九龍仔一班	4314	Lai Hiu Sum	黎曉心	15:12:32	0:57:49
9	10KM Male Aged 45-49	RMAC 九龍仔一班	4995	NG KAI TING	吳啟庭	15:12:32	0:57:59
9	10KM Male Aged 40-44	RMAC 九龍仔一班	2947	Chen Yeung Tak	陳仰德	15:12:32	0:59:28
9	10KM Female Aged 35-39	RMAC 九龍仔一班	3805	CHAU KA IN JEANIE		15:12:32	1:02:50
9	10KM Male Aged 50-54	RMAC 九龍仔一班	5404	POON CHI MING MICHAEL	潘志明	15:12:32	1:02:50
9	10KM Male Aged 45-49	RMAC 九龍仔一班	4829	Wong Kin wa	黃建華	15:12:32	1:15:46
10	10KM Male Aged 35-39	RMAC MOS	2218	LAU KAI CHUNG	劉啟聰	15:34:52	0:39:49
10	10KM Male Aged 30-34	RMAC MOS	1725	Lam Yu git	林子喆	15:34:52	0:40:57
10	10KM Male Aged 60 or above	RMAC MOS	5802	TSE ANTHONY	謝鐵豪	15:34:52	0:43:45
10	10KM Male Aged 60 or above	RMAC MOS	5806	Tam Yin hong	譚衍康	15:34:52	0:44:09
10	10KM Male Aged 40-44	RMAC MOS	2870	Hui Chi Ho	許智豪	15:34:52	0:47:10
10	10KM Female Aged 35-39	RMAC MOS	3712	Lai Sze Lai	黎詩麗	15:34:52	0:49:07
10	10KM Male Aged 40-44	RMAC MOS	2805	Chan Yan Yee Jacker		15:34:52	0:50:00
10	10KM Male Aged 50-54	RMAC MOS	5230	TAM WING LEONG	談永亮	15:34:52	0:50:12
10	10KM Male Aged 40-44	RMAC MOS	3124	XU WENTAO	許文濤	15:34:52	0:52:04
10	10KM Female Aged 35-39	RMAC MOS	3741	Wong Harmony	黃愷敏	15:34:52	0:54:04
10	10KM Female Aged 30-34	RMAC MOS	3507	Fung Cho Man	馮楚雯	15:34:52	0:54:13
10	10KM Male Aged 30-34	RMAC MOS	1994	Yam Daniel	任浩賢	15:34:52	0:54:35
10	10KM Female Aged 45-49	RMAC MOS	4224	Wong Maggie		15:34:52	0:55:46
10	10KM Male Aged 30-34	RMAC MOS	1877	Yeung Chun Sing		15:34:52	0:56:38
10	10KM Female Aged 45-49	RMAC MOS	4220	Tai Kin Yee	戴健儀	15:34:52	0:58:42
10	10KM Female Aged 35-39	RMAC MOS	3743	Leung Po Shan		15:34:52	1:00:35
10	10KM Female Aged 50 or above	RMAC MOS	4422	Cheang Li Yen	張麗燕	15:34:52	1:00:36
10	10KM Male Aged 55-59	RMAC MOS	5671	HO KWOK PING	何國平	15:34:52	1:02:31

**Mizuno HK Run Fest 2024**

**Date : 6 Oct 2024**

**10km Team**

Position	Catgeory	TeamName	Bib	Name	姓名	TeamTime_	Official Time
10	10KM Female Aged 30-34	RMAC MOS	3508	Chau Pui Yin	周珮妍	15:34:52	1:02:34
10	10KM Female Aged 45-49	RMAC MOS	4211	Cheung Tsui Shan	張翠珊	15:34:52	1:04:17

# Mizuno HK Run Fest 2024

Date : 6 Oct 2024

## 10km Team

Position	Catgeory	TeamName	Bib	Name	姓名	TeamTime_	Official Time
11	10KM Male Aged 45-49	屯門牛體育會	5132	Fung Siu Man		15:37:52	0:44:21
11	10KM Male Aged 45-49	屯門牛體育會	4749	Lee Tsz Chun	李子俊	15:37:52	0:44:37
11	10KM Male Aged 45-49	屯門牛體育會	4785	Tsang Ka Lun		15:37:52	0:46:28
11	10KM Male Aged 40-44	屯門牛體育會	2844	wong kam man	黃錦文	15:37:52	0:46:49
11	10KM Male Aged 45-49	屯門牛體育會	4752	LEUNG YAT FAI ANDREW	梁日輝	15:37:52	0:47:30
11	10KM Male Aged 40-44	屯門牛體育會	2926	Kwong L		15:37:52	0:48:05
11	10KM Male Aged 45-49	屯門牛體育會	4827	Ng Chi hang		15:37:52	0:49:18
11	10KM Male Aged 45-49	屯門牛體育會	4790	Chan Derek		15:37:52	0:50:10
11	10KM Male Aged 40-44	屯門牛體育會	2931	TAM KWOK TUNG	譚國棟	15:37:52	0:50:32
11	10KM Male Aged 40-44	屯門牛體育會	2939	Lok Kin Ping		15:37:52	0:52:35
11	10KM Male Aged 40-44	屯門牛體育會	2871	Li Wai ming	李偉明	15:37:52	0:53:01
11	10KM Female Aged 30-34	屯門牛體育會	3661	Chow Ning		15:37:52	0:54:14
11	10KM Male Aged 40-44	屯門牛體育會	2847	Fung NAI KEI Nicky	馮乃基	15:37:52	0:54:26
11	10KM Male Aged 40-44	屯門牛體育會	2872	Yeung Ka Kui	楊家駒	15:37:52	0:54:52
11	10KM Male Aged 40-44	屯門牛體育會	2884	Tse Man Tsun Steve	謝文晉	15:37:52	0:57:40
11	10KM Male Aged 45-49	屯門牛體育會	4754	Kwok Chi Kuen	郭志權	15:37:52	1:00:25
11	10KM Female Aged 45-49	屯門牛體育會	4218	Wong Pui Yee	王佩怡	15:37:52	1:00:48
11	10KM Female Aged 40-44	屯門牛體育會	3931	Yim Chi Wa	嚴芝華	15:37:52	1:02:01
11	10KM Female Aged 30-34	屯門牛體育會	3525	Ng Pui Lam	吳佩琳	15:37:52	1:02:12
11	10KM Female Aged 45-49	屯門牛體育會	4241	Law Wai Ting Grace	羅慧婷	15:37:52	1:06:11
12	10KM Male Aged 40-44	TOP 廣	3345	FAN KA MAN		15:46:26	0:41:28
12	10KM Male Aged 40-44	TOP 廣	3190	Lau Chi Kong		15:46:26	0:43:08
12	10KM Male Aged 50-54	TOP 廣	5470	Cheung Chi Hang	張智恆	15:46:26	0:44:02
12	10KM Male Aged 50-54	TOP 廣	5455	LEUNG WAI WING	梁偉榮	15:46:26	0:44:08
12	10KM Male Aged 45-49	TOP 廣	5072	Yan Tsz Tsung Johnny		15:46:26	0:45:30
12	10KM Female Aged 40-44	TOP 廣	4059	Chan Hoi Ning	陳凱寧	15:46:26	0:49:22
12	10KM Male Aged 45-49	TOP 廣	5047	Sham Kai Man	岑啟文	15:46:26	0:50:24
12	10KM Female Aged 40-44	TOP 廣	4097	Wong Yuk Ting		15:46:26	0:51:24
12	10KM Male Aged 40-44	TOP 廣	3212	CHENG MICHAEL GODWIN	鄭高宏	15:46:26	0:52:53
12	10KM Female Aged 40-44	TOP 廣	4096	TANG NGA TING	鄧雅婷	15:46:26	0:53:23
12	10KM Male Aged 45-49	TOP 廣	5044	Hwong Ching Lung	黃政龍	15:46:26	0:54:09
12	10KM Female Aged 25-29	TOP 廣	1054	Chan Wan yee	陳韻而	15:46:26	0:54:53
12	10KM Male Aged 40-44	TOP 廣	3242	Chu Kai Yiu		15:46:26	0:56:17
12	10KM Male Aged 35-39	TOP 廣	2707	Lee Chun Ho		15:46:26	0:56:17
12	10KM Male Aged 40-44	TOP 廣	3191	Hung Kar Chun	熊家駿	15:46:26	0:56:17
12	10KM Female Aged 30-34	TOP 廣	3670	Lam Lok Po BoBo	林樂寶	15:46:26	0:58:02
12	10KM Female Aged 40-44	TOP 廣	4035	Tsang Wai Shan	曾慧珊	15:46:26	1:04:50
12	10KM Female Aged 45-49	TOP 廣	4328	HUI SIU KER	許小琪	15:46:26	1:09:59

**Mizuno HK Run Fest 2024**

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**10km Team**

Position	Catgeory	TeamName	Bib	Name	姓名	TeamTime_	Official Time
12	10KM Female Aged 45-49	TOP 廣	4336	LUK KIN HONG	陸健航	15:46:26	1:11:50

## Mizuno HK Run Fest 2024

Date : 6 Oct 2024

### 10km Team

Position	Catgeory	TeamName	Bib	Name	姓名	TeamTime_	Official Time
13	10KM Male Aged 50-54	DBS 10K Runners	5320	Hon Chung Shun Johnson	韓忠信	16:26:00	0:39:29
13	10KM Male Aged 40-44	DBS 10K Runners	2968	Chan Kei Sing	陳紀升	16:26:00	0:43:53
13	10KM Male Aged 50-54	DBS 10K Runners	5319	CHAN Andy kw		16:26:00	0:49:21
13	10KM Male Aged 45-49	DBS 10K Runners	4848	CHAN HON WING	陳漢榮	16:26:00	0:50:10
13	10KM Male Aged 40-44	DBS 10K Runners	2962	HO PO MAN	何寶文	16:26:00	0:50:38
13	10KM Male Aged 45-49	DBS 10K Runners	4846	Wong Hon Ming		16:26:00	0:52:23
13	10KM Female Aged 40-44	DBS 10K Runners	3907	Pang Joanne	彭凱欣	16:26:00	0:52:23
13	10KM Male Aged 25-29	DBS 10K Runners	1470	Ip Howard Ho Yin	葉皓賢	16:26:00	0:54:07
13	10KM Male Aged 30-34	DBS 10K Runners	1811	LEE TSE TING	李子庭	16:26:00	0:54:33
13	10KM Female Aged 50 or above	DBS 10K Runners	4452	YUEN Wai Yi	袁慧儀	16:26:00	0:57:21
13	10KM Female Aged 50 or above	DBS 10K Runners	4449	CHAN LAI MUI	陳麗梅	16:26:00	0:57:39
13	10KM Male Aged 35-39	DBS 10K Runners	2347	Yip Shek Man		16:26:00	0:57:56
13	10KM Female Aged 35-39	DBS 10K Runners	3755	Yuen Hiu Lan	阮曉蘭	16:26:00	0:58:40
13	10KM Male Aged 45-49	DBS 10K Runners	4899	Wong Kam Hung	黃錦洪	16:26:00	0:58:40
13	10KM Female Aged 45-49	DBS 10K Runners	4276	Cheuk Yin Kwan	卓燕群	16:26:00	0:58:44
13	10KM Female Aged 45-49	DBS 10K Runners	4277	Betty Lo		16:26:00	1:03:02
13	10KM Male Aged 45-49	DBS 10K Runners	4853	Woo Chun Sang		16:26:00	1:03:22
13	10KM Female Aged 30-34	DBS 10K Runners	3539	Yip Wai Ching		16:26:00	1:03:41
13	10KM Female Aged 30-34	DBS 10K Runners	3509	LAW PUI SZE	羅佩詩	16:26:00	1:16:15
13	10KM Female Aged 50 or above	DBS 10K Runners	4447	Cheung Yuen Mei Winnie	張婉薇	16:26:00	1:20:39
14	10KM Male Aged 20-24	Running Generals	1348	Pun Yi Tik	潘懿狄	16:49:29	0:35:59
14	10KM Female Aged 20-24	Running Generals	1031	Chan Ho Tsun	陳浩藁	16:49:29	0:42:36
14	10KM Male Aged 35-39	Running Generals	2505	LAU WAI YAN		16:49:29	0:43:35
14	10KM Female Aged 25-29	Running Generals	1130	Chow Hoi Ting		16:49:29	0:44:48
14	10KM Male Aged 45-49	Running Generals	4775	HO HEUNG WING	何向榮	16:49:29	0:45:01
14	10KM Female Aged 45-49	Running Generals	4312	FANG Yuk Mui	方玉梅	16:49:29	0:45:34
14	10KM Male Aged 40-44	Running Generals	3113	Chum Tik sang		16:49:29	0:46:29
14	10KM Male Aged 30-34	Running Generals	1969	LAU YUK MING	劉旭明	16:49:29	0:48:06
14	10KM Male Aged 40-44	Running Generals	3115	Ying Nikel		16:49:29	0:51:32
14	10KM Male Aged 45-49	Running Generals	5019	Wong Ka Wing	黃家榮	16:49:29	0:54:33
14	10KM Male Aged 60 or above	Running Generals	5853	Leung Eddie CP		16:49:29	0:56:37
14	10KM Female Aged 40-44	Running Generals	4009	Wong Yee Man		16:49:29	0:57:07
14	10KM Female Aged 45-49	Running Generals	4303	Ng Zoe	吳紀珊	16:49:29	0:58:46
14	10KM Female Aged 40-44	Running Generals	3997	Chan Yuki		16:49:29	1:02:51
14	10KM Female Aged 25-29	Running Generals	1116	Leung Kuan I	梁君怡	16:49:29	1:11:36
14	10KM Female Aged 45-49	Running Generals	4307	Wong Joes		16:49:29	1:13:09
14	10KM Male Aged 40-44	Running Generals	2891	YIP MAN HUNG	葉敏洪	16:49:29	1:18:35
14	10KM Male Aged 45-49	Running Generals	4855	NG KA LUN		16:49:29	1:32:35

**Mizuno HK Run Fest 2024**

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**10km Team**

Position	Catgeory	TeamName	Bib	Name	姓名	TeamTime_	Official Time
14	10KM Female Aged 45-49	Running Generals	4228	Cheng Man Ting	鄭文婷	16:49:29	
14	10KM Female Aged 50 or above	Running Generals	4486	Tsoi Connie		16:49:29	

# Mizuno HK Run Fest 2024

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## 10km Team

Position	Catgeory	TeamName	Bib	Name	姓名	TeamTime_	Official Time
15	10KM Male Aged 30-34	Oxyone Team Easy	2062	Emerson Li		18:43:46	0:52:41
15	10KM Female Aged 40-44	Oxyone Team Easy	4024	Kwok Elaine Yee Wah	郭綺華	18:43:46	0:52:51
15	10KM Female Aged 25-29	Oxyone Team Easy	1069	Chua Yan Ki	蔡欣岐	18:43:46	0:55:49
15	10KM Male Aged 35-39	Oxyone Team Easy	2603	Li Kin Leung		18:43:46	0:55:49
15	10KM Female Aged 25-29	Oxyone Team Easy	1140	Grabowska Aleksandra		18:43:46	0:58:02
15	10KM Female Aged 50 or above	Oxyone Team Easy	4595	Law Wai Ling	羅惠玲	18:43:46	0:58:09
15	10KM Female Aged 40-44	Oxyone Team Easy	4064	Ng Ying suet	吳影雪	18:43:46	0:59:43
15	10KM Female Aged 25-29	Oxyone Team Easy	1157	Chan Ka Yuet		18:43:46	1:00:07
15	10KM Female Aged 30-34	Oxyone Team Easy	3635	Fung Ka yee		18:43:46	1:00:58
15	10KM Female Aged 50 or above	Oxyone Team Easy	4566	Tsang Yi Kwan	曾綺君	18:43:46	1:01:03
15	10KM Female Aged 30-34	Oxyone Team Easy	3662	Wong Hoi Ying	黃鑽瑩	18:43:46	1:03:52
15	10KM Female Aged 40-44	Oxyone Team Easy	4067	Cheung Jeannie	敬慈	18:43:46	1:04:14
15	10KM Male Aged 30-34	Oxyone Team Easy	2148	Leung Ka Chun	梁嘉俊	18:43:46	1:06:09
15	10KM Female Aged 40-44	Oxyone Team Easy	3978	Leung Bonnie		18:43:46	1:07:47
15	10KM Male Aged 45-49	Oxyone Team Easy	5120	Koo Tristan		18:43:46	1:09:32
15	10KM Female Aged 35-39	Oxyone Team Easy	3854	Tong Vivien		18:43:46	1:10:39
15	10KM Female Aged 40-44	Oxyone Team Easy	4070	Chan Kin Yan		18:43:46	1:12:26
15	10KM Female Aged 45-49	Oxyone Team Easy	4344	Lee Wing Yee Vivian	李穎儀	18:43:46	1:13:54
15	10KM Female Aged 35-39	Oxyone Team Easy	3835	LAI Wai Fei	賴瑋斐	18:43:46	1:17:33
15	10KM Male Aged 40-44	Oxyone Team Easy	3290	WONG TSANG WING	黃錚榮	18:43:46	
16	10KM Male Aged 35-39	突然之間 突然被提	2241	Wong Kin Fung	黃建鋒	20:23:25	0:45:06
16	10KM Male Aged 30-34	突然之間 突然被提	1706	Tse Chi Sing	謝智星	20:23:25	0:47:01
16	10KM Male Aged 25-29	突然之間 突然被提	1446	Tung Ming Kai Godwin	董銘偕	20:23:25	0:54:53
16	10KM Male Aged 50-54	突然之間 突然被提	5262	HO KIN WAI	何健偉	20:23:25	0:56:35
16	10KM Male Aged 30-34	突然之間 突然被提	1803	Chui Chung Hong		20:23:25	0:57:14
16	10KM Male Aged 50-54	突然之間 突然被提	5246	Lam Wai Hon	林偉漢	20:23:25	0:58:01
16	10KM Male Aged 60 or above	突然之間 突然被提	5804	Wong Shiu Yan	黃兆恩	20:23:25	1:01:40
16	10KM Female Aged 30-34	突然之間 突然被提	3529	TANG ON KI	鄧安琪	20:23:25	1:03:23
16	10KM Male Aged 35-39	突然之間 突然被提	2270	Tang Kai Fung		20:23:25	1:05:52
16	10KM Female Aged 50 or above	突然之間 突然被提	4406	Hung Fai	洪暉	20:23:25	1:09:23
16	10KM Female Aged 50 or above	突然之間 突然被提	4404	Shum Wing Sze Janet	沈詠詩	20:23:25	1:10:26
16	10KM Female Aged 30-34	突然之間 突然被提	3532	Leung Cheuk Yiu Anthea	梁卓瑤	20:23:25	1:11:18
16	10KM Male Aged 50-54	突然之間 突然被提	5312	WONG KWOK WING	黃國榮	20:23:25	1:13:44
16	10KM Male Aged 30-34	突然之間 突然被提	1832	Ip Chi Chung	葉智聰	20:23:25	1:16:36
16	10KM Female Aged 25-29	突然之間 突然被提	1059	Chan Ka Wing		20:23:25	1:18:36
16	10KM Female Aged 50 or above	突然之間 突然被提	4459	Ting Ka Wai	丁家慧	20:23:25	1:23:17
16	10KM Female Aged 25-29	突然之間 突然被提	1083	WONG JEANET	黃意得	20:23:25	1:30:37
16	10KM Female Aged 45-49	突然之間 突然被提	4268	Yuen Oi lun	阮愛倫	20:23:25	1:39:45

**Mizuno HK Run Fest 2024**

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**10km Team**

Position	Catgeory	TeamName	Bib	Name	姓名	TeamTime_	Official Time
16	10KM Female Aged 25-29	突然之間 突然被提	1100	Luk Sze Ting	陸思廷	20:23:25	
16	10KM Male Aged 50-54	突然之間 突然被提	5305	Luk Chun Yu	陸振宇	20:23:25	