

**Mizuno HK Run Fest 2024**

**Date : 6 Oct 2024**

**3KM Male Aged 16-29**

Category Position	BIB	Name	姓名	Official Time
1	8541	Lai Pak Long	黎	0:09:54
2	8595	Lam Yee Shing	林以誠	0:09:55
3	8594	Huang Yat Chun	黃逸進	0:11:10

**Mizuno HK Run Fest 2024**

**Date : 6 Oct 2024**

**3KM Male Aged 30-39**

Category Position	BIB	Name	姓名	Official Time
1	8752	Lam Yu git	林子喆	0:10:18
2	8751	Choi Chi Kan	蔡智勤	0:11:12
3	8784	TANG CHEUK HIN	鄧卓軒	0:11:37

**Mizuno HK Run Fest 2024**

**Date : 6 Oct 2024**

**3KM Male Aged 40-49**

Category Position	BIB	Name	姓名	Official Time
1	8887	LAM WAI HEI	逆閃	0:09:58
2	8919	SIU Chung man		0:10:31
3	8884	Wong Mike		0:10:52

**Mizuno HK Run Fest 2024**

**Date : 6 Oct 2024**

**3KM Female Aged 16-29**

Category Position	BIB	Name	姓名	Official Time
1	9007	Sip Shuk Wai	薛淑慧	0:14:34
2	9065	Pang Sin Ying Stella	彭倩瑩	0:14:47
3	9029	LOU Cheuk Yin	盧焯賢	0:15:01

**Mizuno HK Run Fest 2024**

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**3KM Female Aged 30-39**

Category Position	BIB	Name	姓名	Official Time
1	9165	Ng Suet Man	吳雪雯	0:11:52
2	9110	TANG KA YAN		0:16:57
3	9143	Yuen Wing		0:18:57

**Mizuno HK Run Fest 2024**

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**3KM Female Aged 40-49**

Category Position	BIB	Name	姓名	Official Time
1	9222	Hon Wing Chi	韓詠芝	0:12:28
2	9226	Tam Pui Fong	譚佩芳	0:12:52
3	9241	Li Wing Lam	李穎琳	0:13:38

**Mizuno HK Run Fest 2024**

**Date : 6 Oct 2024**

**3KM Male Aged 50-59**

Category Position	BIB	Name	姓名	Official Time
1	9471	Mok Leung Yuen		0:10:50
2	9423	Bee Hai Chun		0:11:29
3	9440	Wong Kim Fung Louis		0:11:34

**Mizuno HK Run Fest 2024**

**Date : 6 Oct 2024**

**3KM Female Aged 8-9**

Category Position	BIB	Name	姓名	Official Time
1	9517	Chan Sze Yin	陳詩然	0:14:38
2	9501	Wong Cherilyn		0:14:53
3	9512	Lau Cheryl	劉森芮	0:16:35



**Mizuno HK Run Fest 2024**

**Date : 6 Oct 2024**

**3KM Female Aged 10-11**

Category Position	BIB	Name	姓名	Official Time
1	9548	Chung Cheuk Lam	焯琳	0:13:08
2	9534	Tam Nga Wun Karina	譚雅媛	0:13:33
3	9537	PONG TSZ YUET	龐梓悦	0:13:36

**Mizuno HK Run Fest 2024**

**Date : 6 Oct 2024**

**3KM Female Aged 12-13**

Category Position	BIB	Name	姓名	Official Time
1	9554	Cheung Wan Shun	張蘊淳	0:11:24
2	9573	Chau Heulwen		0:12:08
3	9551	IP HEUNG CHING	葉向晴	0:12:39

**Mizuno HK Run Fest 2024**

**Date : 6 Oct 2024**

**3KM Female Aged 14-15**

Category Position	BIB	Name	姓名	Official Time
1	9575	CHAN TSZ YIN	陳梓賢	0:12:59
2	9583	ZHOU LING WEI LAURA	周凌薇	0:13:10
3	9576	Li Hoi Ming	李凱明	0:15:16

**Mizuno HK Run Fest 2024**

**Date : 6 Oct 2024**

**3KM Female Aged 50 or above**

Category Position	BIB	Name	姓名	Official Time
1	9671	Yeung Mei Lun		0:13:58
2	9676	Wu Yuen Ying		0:14:21
3	9666	Lok Wai	樂蔚	0:14:49

**Mizuno HK Run Fest 2024**

**Date : 6 Oct 2024**

**3KM Male Aged 8-9**

Category Position	BIB	Name	姓名	Official Time
1	9709	Wong Yuen	黃元	0:12:02
2	9734	Lau Hiu Lap	劉曉立	0:12:30
3	9738	Heath Daniel		0:13:22

**Mizuno HK Run Fest 2024**

**Date : 6 Oct 2024**

**3KM Male Aged 10-11**

Category Position	BIB	Name	姓名	Official Time
1	9745	Fan Chung yiu	范中耀	0:11:20
2	9741	Poon Pak Hang	潘柏亨	0:11:29
3	9747	Yam Pak Yu Jesper	任柏宇	0:11:35

**Mizuno HK Run Fest 2024**

**Date : 6 Oct 2024**

**3KM Male Aged 12-13**

Category Position	BIB	Name	姓名	Official Time
1	9782	Chau Pak Yin		0:10:38
2	9781	wong cheuk tang	黃卓騰	0:10:50
3	9788	Lau Yik Hei		0:10:54

**Mizuno HK Run Fest 2024**

**Date : 6 Oct 2024**

**3KM Male Aged 14-15**

Category Position	BIB	Name	姓名	Official Time
1	9808	Colin Jones Jack		0:10:28
2	9816	Chum Tsz ho	覃子皓	0:10:33
3	9818	WEI HONG TAO	魏宏濤	0:11:23



**Mizuno HK Run Fest 2024**

**Date : 6 Oct 2024**

**3KM Male Aged 60 or above**

Category Position	BIB	Name	姓名	Official Time
1	9906	Ng David		0:11:37
2	9916	To Hoi Lau Eric		0:12:17
3	9901	Wong Tai Chun Mark	王大鈞	0:12:46